





The Human Care Committee focus for the first quarter is Soul 57 Youth Grief Support. You can view their website at [www.soul57.org](http://www.soul57.org). There you will find information about their program.

Grief is a feast of feelings and emotions, made up of different ingredients, mixed and stewed differently for each individual. What is universal, however, is that grief is not finite. It is a constant that ebbs and flows with time and circumstance. What's more, everyone experiences and processes those feelings in their own way. It can be a lonely road filled with highs and lows, and for children those polarizing emotions are tricky to both understand and communicate effectively. Adults have the capacity to communicate their thoughts and find solutions that fit their needs as they navigate grief. Kids, though, are a completely different beast, and they don't necessarily have the wherewithal to clearly state their feelings and process their emotions. They need outlets to effectively explore those emotions in a healthy, safe, and effectual matter.



Thanks to all who assisted with the Banquet at the Dream Center last Sunday. While numbers were down, many were blessed by this important ministry. Pastor Wolfgram led a brief devotion service during the meal for those who were present. God be praised for this blessing!

*Building Healthy Families: Trauma, emotional distress, or mental illness negatively impact many people, including those within our church fellowship today. When it does, we are often left searching for answers without knowing where to find help, especially help that will share and incorporate the important tenants of our Lutheran Christian faith. Lutheran Family Service offers professional mental health counseling with master's prepared and licensed therapists who share your faith and world view, now available to all regardless of location through telehealth. Call us...it's why we're here! Lutheran Family Service [www.LutheranFamilyService.org](http://www.LutheranFamilyService.org)*



You are invited to join your brothers and sisters in Christ at Shepherd of the Valley for our annual planning voters' meeting on Sunday, January 21st. We will assess where the Lord has brought us as a congregation and discuss how we can reach even more of our neighbors with the Good News of Christ crucified and risen.



MAIN STREET LIVING—LCMS TV Program—

Sunday Mornings @ 10 AM

KBMY Xtra / Bismarck Channel 17.3 Midco Channel 594

10:00 AM: worship service led by area pastors 10:30 AM:

"This Is The Life" program To watch these programs at any time and see upcoming schedules go to [www.mainstreetliving.com/north](http://www.mainstreetliving.com/north).

**Jan. 21<sup>st</sup>:** Rev. Jim Lamb, Lutheran Family Service, Fort Dodge, Iowa, presents the message: **"The Trinitarian Value of Human Life"** based on Isaiah 43:1. Visit [www.MainStreetLiving.com](http://www.MainStreetLiving.com) for more information. *"This Is the Life" program: "Live Option" - A 15-year-old pregnant daughter and her mother disagree on the future of her child.*

**Jan. 28<sup>th</sup>:** Rev. Timothy Stout, St. Peter's Lutheran Church, Sawyer, ND, St. Martin Lutheran Church, Anamoose, ND, and St. John Lutheran Church, Kongsberg, ND, presents the message: **"Depart, Thou Unclean Spirit"** based on Mark 1:21-28. *"This Is the Life" program: "In Search of Dignity" - Two factory workers struggle to find meaning after they are replaced by machines.*



"For Such A Time As This" will take place at Zion Lutheran Church on Saturday, February 10. Rev. Dr. Greg Seltz, Executive Director of Lutheran Center for Religious Liberty will discuss the importance of being dual kingdom citizens. Participants will learn why Christians should engage with culture along with the principles of religious liberty. Rev. Dr. Adam Filipek will also share insights on his book, "Life in Christ, Rooted, Woven, and Grafted into God's Story". Registration is \$50.00 per person or \$75.00 per family. Registration forms are available in the narthex. Plan now to attend! You'll be glad that you did.



Rev. Dennis Voss will join us on January 28 to present "Stewards By God's Design" during the education hour. Pastor Voss is the Director of Stewardship Ministry for the LCMS ND District. Plan to join us for this new process of celebrating God's gifts among us.



A congregation of the Lutheran Church-Missouri Synod  
801 East Denver Ave  
Bismarck, ND 58504  
701-258-4231  
[sotv-bis.org](http://sotv-bis.org)

<https://www.facebook.com/sotvbis>

# Jan. 21- Feb. 3

Sunday Mon Tue Wednesday Thu Fri Sat

|  |    |                                    |                                |                                  |   |    |
|--|----|------------------------------------|--------------------------------|----------------------------------|---|----|
| 21<br><u>9:00am</u><br>Divine Service<br><u>10:30am</u><br>Voter's Planning Meeting<br><u>1:00pm</u>   | 22 | 23<br><u>6:00pm</u><br>Bible Study | 24<br><u>6:00pm</u><br>Worship | 25<br>Newsletter information Due | 26<br><u>6:00pm</u><br>Bingo and Potluck Supper | 27 |
| 28<br><u>9:00am</u><br>Divine Service<br><u>10:30am</u><br>Education Hour/ Dennis Voss<br><u>1:00pm</u><br>Senior High Youth<br><u>7:00pm</u><br>Council | 29 | 30<br><u>6:00pm</u><br>Bible Study | 31<br><u>6:00pm</u><br>Worship | 1                                | 2   | 3  |

Martin Luther School  
NATIONAL LUTHERAN SCHOOLS WEEK 2024

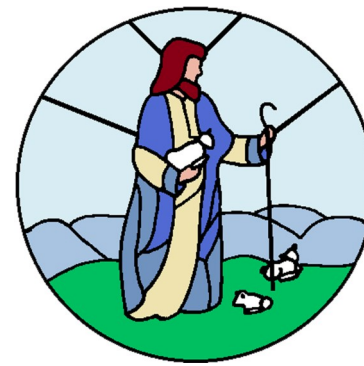
## CONNECTED

"I am the Vine; you are the branches. Whoever abides in Me and I in him, he it is that bears much fruit, for apart from Me you can do nothing."  
John 15:1-5

### Martin Luther School HYMN FEST!

When: Sunday, January 28, 3:00  
Where: Zion Lutheran Church/Martin Luther School

Celebrate NLSW with music provided by our association congregation choirs and Martin Luther School students. The program will follow with a light supper and fellowship.



Shepherd of the Valley Lutheran Church

"A church family that shares, nurtures, and lives our faith in Christ"

The Third Sunday After Epiphany  
January 21, 2024

## THE WEEKLY FYI

### THOSE SERVING TODAY

Preacher: Pastor Les Wolfgram  
Liturgist: Pastor Les Wolfgram  
Elder: Martin Bjergaard  
Accompanist: Denise Wolfgram  
Acolyte: Mackenzie G.

**Worship Times**  
**6:00 PM Every Wednesday**  
**9:00 am Sunday Divine Service (livestream)**  
**10:30 am Education Hour**

### Stewardship Thought

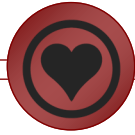
Mark 1:14-15 – "Jesus came into Galilee, proclaiming the gospel of God, and saying, 'The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel.'" To repent means to turn away from sins and our former way of thinking and turn toward belief in God and His Gospel of grace and mercy. The whole Christian life is one of repentance and faith. Where is God calling you to repent today? How is He calling you to deeper faith?



**Sun: Zech. 6:1-7:14; Rom. 16:17-27**  
**Mon: Zech. 9:1-17; 2 Tim. 2:1-26**  
**Tue: Zech. 10:1-11:3; 2 Tim 3:1-17**  
**Wed: Zech. 11:4-17; 2 Tim. 4:1-18**  
**Thu: Zech. 12:1-13:9; Titus 1:1-2:6**  
**Fri: Zech. 14:1-21; Titus 2:7-3:15**  
**Sat: Job 1:1-22; John 1:1-18**



The Board of Stewardship is hosting a BINGO night on Friday, January 26 at 6:00 pm. The evening will start with a pot-bless meal and continue with several rounds of BINGO with fabulous prizes being offered the winners. Plan to join us for an evening of fun and fellowship.



You are cordially invited  
to the Bethel Youth

# *Valentine's Banquet*

Sunday, February 18, 2024  
5:00pm social hour  
5:30pm supper  
Bethel Lutheran Church

\$15 per person  
Spaghetti Supper  
Free childcare provided

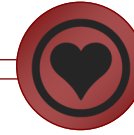
RSVP required in advance  
Sign up in church narthex  
or by texting Alida Wiest at (701) 426-1986

The youth are planning an elegant evening  
for adults to enjoy fellowship with friends.

Make it a "date" or not!  
Please follow a formal dress code.

WE LOVE BECAUSE  
HE FIRST LOVED US.

-1 JOHN 4:19



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